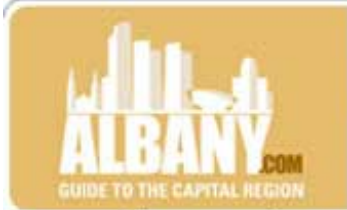


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Events In The Spotlight



Monday Nights In The Park

Looking for a great way to spend your Monday evenings? How about a free concert? [Details >>](#)



Alive At Five

Every Thursday night through August 14, you'll find live music and great entertainment down by the river. [See who's playing this week >>](#)



Troy Pig Out BBQ Festival

If you love great barbeque, this is one event in the Collar City you don't want to miss. [Learn more >>](#)



Race Track Opening Day

The racing season returns to Saratoga this month. July 23 is the 1st day of the 2008 meet. [Details >>](#)

[See More Local News At Albany.com!](#)

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We Have A New Look!

We Want To Know What You Think...

Before



After



What do you think of Albany.com's new design? [Tell us!](#)

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Have A Story To Tell?

[Tell Us All About It!](#)



There's a new section on Albany.com called [Tell Us All About It](#).

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**RACING SEASON
IS ALMOST HERE!**

FIND A SARATOGA HOTEL ROOM
BEFORE EVERYTHING'S BOOKED! >>

Upcoming Local Events



This is where you can tell us all about your funny, scary, silly, creepy, or otherwise unusual stories in the Capital Region. Or you can kick back and have a laugh when you see what stories others are telling... [Go >>](#)

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Albany Staycation Ideas

Question From One Of Our Readers...

Hey Albany.com --

My wife and I are considering a 'staycation' this year (August 16-24) with the price of gas being so high and all. Can you give us some ideas for adults to do on an Albany staycation? We would really appreciate it.

Thanks,
Mike & Ally

Have some good ideas for Mike & Ally? [Send them along](#), and we'll build a 'grown-up' staycation itinerary together! It will be featured in our next issue.

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Alive At Five: American Idol Night - Free
July 10 | Riverfront Park, Albany

[Learn More](#)

WGNA Country Fest

July 12 | Altamont Fairgrounds

[Learn More](#)

Summer At The Plaza Concert - Free

July 16 | [Empire State Plaza](#)

[Learn More](#)

Alive At Five: Disco Night - Free

July 17 | Riverfront Park, Albany

[Learn More](#)

Saratoga Race Track Opening Day

July 23 | Saratoga Race Course

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