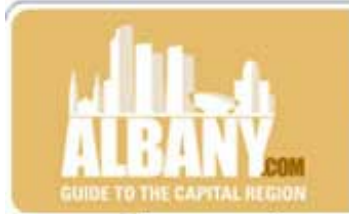


Good Causes & Fun Events In The Capital Region!

[E-NEWS](#)[EVENTS](#)[LODGING](#)[RESTAURANTS](#)[THINGS TO DO](#)[BUSINESS](#)[REAL ESTATE](#)

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"Rock to Rebuild"



Saturday, May 22, 2010

"Rock to Rebuild" is a benefit for Tess' Lark Tavern, which recently suffered a fire.

Schedule:

Music and drinks from 1-11

Local food vendors 1-7

Silent auction 1-5

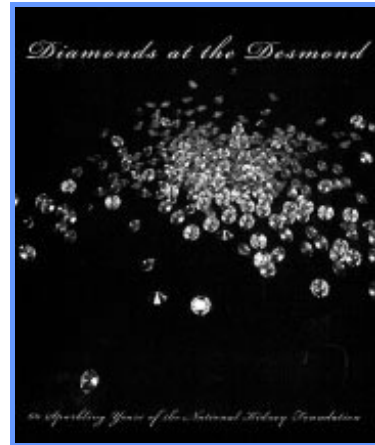
Art Auction 5-9

[Learn more »](#)

Can't make this event? Get a great haircut and participate in the [Cut-A-Thon](#) on Sunday to benefit this cause!

[Alive At Five 2010](#)

Diamonds at the Desmond



Thursday, May 27, 2010

60 Sparkling Years of the National Kidney Foundation will be celebrated with an evening of fabulous food, live auctions, performances and more at the Desmond Hotel and Conference Center.

Colleagues, friends, and the community is invited to celebrate in style and honor individuals who work tirelessly to save lives.

Cost is \$125 for an individual ticket and includes cocktails, dinner, wine tasting and all entertainment for the evening.

[Get more details »](#)

[Freihofer's Run For Women](#)



Thursdays, June 3 - August 5, 2010

Free summer concerts along the Hudson River! Don't miss the Alive at Five outdoor summer concert series this summer on Thursdays at 5:00pm, starting June 3rd.

The 2010 concert lineup has been announced, so be sure to check it out. The concerts are all free!

[Learn more »](#)

Local Contests



Don't miss out on your opportunity to win a FREE movie ticket to Madison Theater every week for the next 10 weeks!

[Enter now »](#)



A total of 20 winners will be selected to each receive a free pair (2) of tickets to Saratoga Brewfest this June!

[Enter now »](#)



Saturday, June 5, 2010

The Freihofer's Run for Women will be taking place for its 32nd run this year. Thousands of women from all ages (and running abilities) will compete in this 5K event.

Over 4,000 women in the Capital Region and across the U.S. participate, running side by side with top distance runners from across the country and internationally. Come to downtown Albany the morning of June 5th to witness this event!

[Get the details »](#)

More Upcoming Events

Mark Your Calendar!

[Small Business Expo](#)

When: Tue, May 18, 2010 | 9 AM to 3 PM

Where: The Barn in the Ren. Tech Park

Cost: \$20 per person/\$30 with lunch

[Murder Mystery Dinner-Theater](#)

When: Wed, May 19, 2010 | 7:30 PM to 9 PM

Where: The Good Times Lakeview Restaurant, 175 Lake Road, Ballston Lake NY

Cost: \$19

[Alternative Prom](#)

When: Fri, Jun 4, 2010 | 7:00 PM to 11:00 PM

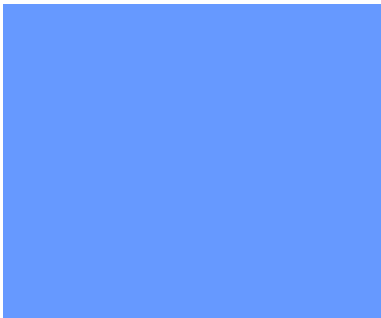
Where: Revolution Hall

[See ALL Upcoming Events »](#)

NEW On Albany.com

[WHAT'S NEW in Albany - BLOG](#)

Restaurant openings, cool new shops, the latest rumors and more... learn about everything new coming to Albany in our brand new WHATSNEW blog!



During the month of May 2010, Saratoga Strike Zone will be holding a contest for one lucky winner to receive 2 and 1/2 hours of unlimited bowling in the VIP room; a \$550 value!

[Enter now »](#)



Three lucky winners will receive 2 gift certificates to go horseback riding at Bennett's Riding Stable in Lake Luzerne, NY!

[Enter now »](#)



During the month of May you can enter to win a FREE air conditioning cleaning (at a \$139 value) by Highland & Co. for the 2010 year.

[Enter now »](#)

✕
Become A Fan Of Albany NY On Facebook

2010 Local Fairs & Festivals

Plan your summer fun! See the updated list of county fairs and other festivals for 2010.

Albany In 2030

A vision of the future! What do you want Albany to be like in 20 years?

LUNA Chix

Free, Exercise, Fun - all of these words describe what Team Luna Chix brings to women of the Capital District!

Travelodge Inn & Suites - Latham

Comfortable, affordable lodging - just minutes from the Albany Airport!

St. Rose Summer Program

Summer Academy for Youth provides students (entering grades 6-10) unique and fun learning experiences that are flexible and convenient.

Appel Inn

An intimate and charming venue for your special event, located in Altamont.

Latham 76 Diner

great food at reasonable prices, served fast, and with a smile.

Desmond Hotel & Conference Center

Beautiful rooms & landscaped indoor courtyards provide the ideal setting for weddings.

Scrimshaw Restaurant

One of The Desmond's 3 dining venues, it is among the finest restaurants in Albany NY.

✕
Have a story idea? Email the editor!



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