



PROM

Albany Prom Guide

Florists, limos, gown & tux shops, salons & more [GO>](#)



where to
EAT

where to
STAY

where to
PLAY

see Albany
EVENTS

see Albany
CONTESTS

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DIRECTORY

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Ringling Bros.

Wed, May 2 - Sun, May 6, 2012



Take the kids to the [Ringling Bros. Barnum & Bailey Circus](#) in Albany! They will enjoy seeing the acrobats, clowns, wild animals and more. It's a wonderful experience they will never forget!

[Learn more &»](#)

The Albany Tulip Festival

Sat, May 12 - Sun, May 13, 2012



DOWNTOWN ALBANY RESTAURANT WEEK
APRIL 21-28
3-COURSE DINNER FOR \$20.12
LET'S EAT

Things To Do

Capital Region Events



[GLSEN Breaking the Silence Rally](#)

When: Fri, Apr 20, 2012 | 4:00 PM to 8:00 PM

Where: The Egg, Empire State Plaza

Cost: FREE ADMISSION

Locally, hundreds of middle school, high school and college students along with their families, friends and other community members are expected to

Come witness one of Albany's most popular annual events - the [2012 Albany Tulip Festival!](#) Take in the beauty of over 100,000 blooming tulips, musical performances by nationally acclaimed artists ([see the lineup](#)), kids activities, vendors and so much more.

[Learn more Â»](#)

New From The Blogs...

[Midwifery, Mothering & Me Planned Home Birth - Is It For You?](#)

Planned home birth with an appropriate attendant is a very safe option for many women and their families. Many studies have documented the safety of planned home birth with low risk clients and trained birth attendants. Licensed and certified midwives have particularly...

[Read more...](#)

[The Daily Take The Daily Take For Wednesday, April 18Th, 2012](#)

I am sure that everybody who lives in the city of Albany has traveled to Crossgates Mall at one time or another. Been there recently? With the ongoing expansion of the UAlbany Nano Tech Park around the Fuller Road and Washington Avenue area it is necessary to reconstruct the entire roadway system. There was a graphic in the...

[Read more...](#)

[The Reel Deal Salmon Fishing in the Yemen](#)

Last week I trotted on down to the Spectrum with a friend. We weren't sure what to see. *The Hunger Games?* *The Artist?* Eventually, we decided we'd prefer something a little lighter. It was cold and rainy, after all. So we settled on *Salmon Fishing in the Yemen*...

[Read more...](#)

[Ask Dr. Tom 50 Networking NO NOs!](#)

If you really want to find a job, then

gather to "break the silence."

[Downtown Schenectady Merchant Mash Up](#)

When: Fri, Apr 20, 2012 | 4:00 PM to 8:00 PM

Where: Downtown Schenectady, New York

Cost: FREE ADMISSION

Come to downtown Schenectady, for a night of food, shopping & fun! Stroll from store to store as downtown Schenectady restaurants set up inside downtown retailers for the evening.

[2012 Downtown Albany Restaurant Week](#)

When: Sat, Apr 21, 2012 until Sat, Apr 28, 2012

Where: Participating Restaurants in Albany, New York

Cost: \$20.12

Fellow foodies, you won't want to miss this! Downtown Albany Restaurant week returns to the Capital City April 21- 28, 2012.

[Grannie's Bake-Off](#)

When: Sun, Apr 22, 2012 | 11:00 AM to 3:00 PM

Where: Troy Hilton Garden Inn

Cost: \$10 for adults, \$7 children over age 5

Join us for Grannie's Bake-Off! An amateur and professional baking competition on April 22nd at the Troy Hilton Garden Inn!

[9th Annual Dining Out For Life](#)

When: Thu, Apr 26, 2012

Where: Participating Restaurants

The 9th Annual Dining Out For Life returns to the Capital Region on Thursday, April 26, 2012. Restaurants from Columbia County to the Canadian Border, join in this one-day celebration of food, friendship and fundraising!

double your networking efforts. It's the best job search technique. Networking is an art and science that anyone can learn. To be successful in your search, I strongly suggest a strategy that maximizes your networking efforts. Here are 50 pitfalls to avoid...

[Read more...](#)

What's New

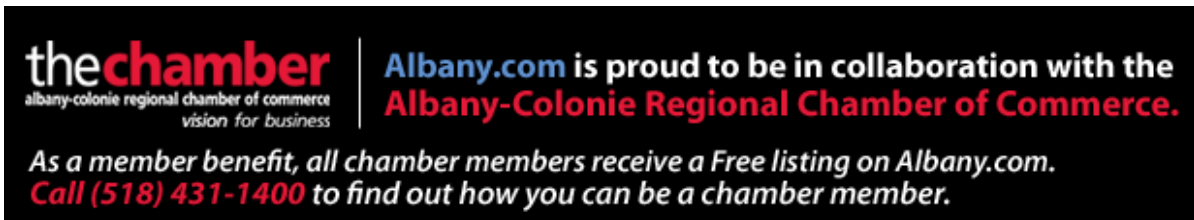
[Cookie Factory To Expand, Move](#)

There is nothing quite like Cookie Factory goodies. Just ask my 2 year old! Her great grandmother "Marme" works at their current location on Congress Street in Troy. Every time we go, we end up leaving with much more than we originally...

[Read more...](#)

[SEE MORE LOCAL EVENTS Â»](#)

Free Local Giveaways:



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albany-colonie regional chamber of commerce
vision for business

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